Welcome to Rister Stadium

-the home of-

The 2021 Pacific Northwest 13-15 Regional Tournament

July 25th-31st, 2021

Kelso, Washington
Welcome to the Pacific Northwest Babe Ruth

13-15 Year-Old
2021 Regional Tournament

July 25 – 31, 2021

Rister Stadium
Kelso, Washington

Congratulations on advancing to the Regional Tournament, truly a significant milestone in your players’ baseball experience! We look forward to hosting you, your players, your families, and your supporters, and we hope to make this experience one that you will all remember for years to come.

The following information and schedules are designed to provide you with all the information you will need prior to arrival and help you prepare yourself and your team for the tournament.

Please provide copies of this packet to all members of your team as well as their parents. The tournament takes place July 26th – 31st, with arrival and opening ceremonies scheduled for July 25th.

Pool play games will be played Monday through Friday, July 26 – 30. Semifinals and the Championship game will be held on Saturday, July 31st.

The Regional Tournament Champion will advance to the 13-15 World Series in Eagle Pass, Texas on August 11-18, 2021.
Welcome and Greetings to all.

On behalf of the Pacific Northwest Region of Babe Ruth Baseball, I would like to welcome you to this year’s Regional Tournament.

I’d like to take this opportunity to draw your attention to two items of particular interest: PNW Regional Tournament Rules and Regulations, and the concussion awareness training which PNW fully endorses, and which will be in effect during all Regional Tournaments.

**PNW Regional Tournament Rules and Regulations** – Included in the information package is Tournament Participant Information. I encourage you to review both documents carefully as they are the rules/regulations under which our Regional Tournaments are conducted. These rules/regulations may be different from those under which your State or Provincial Championships are conducted. While these rules/regulations will be addressed in detail at the mandatory manager’s meeting prior to the opening of the tournament, it is important that players and parents understand them as well. On pages 26 and 27 of the 2021 Babe Ruth rule book pool play and tiebreakers are detailed.

**Concussion Awareness** – Most sports fans are aware of numerous player injuries because of concussions in both professional and amateur sports. Players in professional hockey, baseball and football have suffered concussions which have resulted in them missing not only a few games but also the rest of their season, and in some cases even more time.

As a result of the increasing number of concussion incidents, the Pacific Northwest Region mandates concussion awareness training for players, their parents, and their coaches. It also mandates that any player suspected of sustaining a concussion be removed from competition and not be allowed back into competition until the player has received written clearance from a licensed health care provider trained in the management of brain injuries. Please be aware that this will be strictly enforced during all tournaments.

Best of luck to all participants. Play great baseball and experience good sportsmanship throughout the tournament.

**Brent**

Brent Stenman
Regional Commissioner
Pacific Northwest Babe Ruth Baseball
NO METAL SPIKES, SEEDS, TOBACCO PRODUCTS OR GUM ALLOWED

This rule is enforceable by a Cleanup and Repair Fee

Team Photos & Information

To run an organized and successful tournament, we need your cooperation and support. In that regard, there are several items that we will need from you prior to your arrival.

Please email the following items in .jpg or .png format to Jason Smith at jason@castle-rose.net:

✓ One 5x7 or 8x10 team photograph
✓ Player number and identification

Please identify in the email subject line what you are sending. We need to have all team photos no later than Friday, July 14th. If we don’t receive this information by 5:00 p.m. that day, your team will not have a photo in the tournament program.

Please note: these items do not take the place of the information that will need to be included with your official tournament documents, this is for program publishing. Official documentation requirements on page 5.

Tournament Fees

Rather than charging admission at the gate at this Regional Tournament, we have opted to use A Family Spectator Fee for each team. The cost for each team is $500.00. Make checks out to Kelso Babe Ruth Baseball.

This allows free admission for everyone to all tournament games.

Tournament Officials

<table>
<thead>
<tr>
<th>Pacific Northwest Regional Commissioner</th>
<th>Tournament Director</th>
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<tbody>
<tr>
<td>Brent Stenman</td>
<td>Jason Smith</td>
</tr>
<tr>
<td>Poulsbo, WA</td>
<td>360-270-8497 cell</td>
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<tr>
<td></td>
<td><a href="mailto:Jason@castle-rose.net">Jason@castle-rose.net</a></td>
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<tr>
<th>Tournament Commissioners</th>
<th>Umpire-in-Chief: Curt Metzger</th>
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<tr>
<td>Dan Riley</td>
<td></td>
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<tr>
<td>Vancouver, WA 98682</td>
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</tr>
<tr>
<td>(360) 256-7055-H</td>
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<tr>
<td>(503) 449-6004-C</td>
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<td></td>
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<tr>
<td>Jarl Opgrande</td>
<td></td>
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<tr>
<td>Longview, WA 98632</td>
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<tr>
<td>(360) 431-3489- C</td>
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<thead>
<tr>
<th>Tournament Headquarters</th>
<th>Kelso Babe Ruth Baseball</th>
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<tr>
<td>Rister Stadium</td>
<td>Travis Keele – President</td>
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<tr>
<td>Kelso, WA 9860</td>
<td>(360) 270-8861 cell</td>
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<td></td>
<td><a href="mailto:tkeele@ncelec.com">tkeele@ncelec.com</a></td>
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Schedule of Events

Sunday, July 25th

Team Check-In: All Managers, Coaches, and Players Must be Present
Location: Rister Stadium, Kelso, WA

11:00 am – 3:30 p.m.  Check-in time for all teams.

11:00 am:  Host- Kelso
11:30 am:  South Washington
12:00 pm:  South Oregon Invite
12:30 am:  North Washington
1:00 pm:   South Washington Invite
1:30 pm:   South Oregon
2:00 pm:   Idaho
2:30 pm:   East Montana
3:00 pm:   West Montana
3:30 pm:   Wyoming

Required Documents, according to Rule 11.04, are as follows:

✓ Certificate of Coverage of Group Accident Insurance Policy
✓ Certificate of Coverage of League’s Commercial General Liability Insurance Policy
✓ Tournament team roster certified and signed by League President
✓ Babe Ruth League Letter of League Eligibility Tournament Form
✓ Signed Consent for Treatment forms for each player
✓ A color team photograph with identification must be uploaded with the tournament roster through the Babe Ruth Sports Sign-Up Play Platform. Print and place one copy in your team’s credentials.
✓ Certification of completion for Coaching Education and Abuse Prevention Training for all rostered coaches as required in rule 0.04 #4.

All Managers, coaches, and players must be present at check-in unless excused by the Tournament Commissioner. Team Tournament books will be turned in to the Tournament Commissioner at this time. These documents must stay in the Tournament Commissioner’s possession until the team is eliminated from tournament competition.

Upon completion of check-in, team expectations and tournament rules will be reviewed by the Tournament Officials.

Opening Ceremony: 4:30-5:30pm

Opening Ceremonies will be conducted at Rister Stadium with all teams participating. All teams should be in their full uniform for the event.

Please note that the official Babe Ruth shoulder or cap emblem must be worn either on the left shoulder sleeve or on the official Babe Ruth cap of each player, manager, and coach. For sleeveless jerseys, the emblem must be worn on the front left chest.

All team managers and coaches must wear baseball type pants and dress accordingly to represent the team colors.
Each team must have a representative present during the mandatory meeting which will address interpretation and discussion of rules with tournament officials and the Umpire-in-Chief.

Meeting will be conducted on the 3rd base stands immediately following opening ceremony. The Tournament Commissioner and staff will go over tournament operations.

**Team Practices**

- Practices are typically available in one hour time blocks each day. Coaches can schedule a practice time through a Tournament Director. Practices will be held on Sonedecker Field beyond the Rister Stadium centerfield fence.

- Practices are flexible: please check with a Tournament Director upon arrival for current and final practice slots.

- The Tournament Directors will control practice times so that every team that wants to practice will have the opportunity to do so.

**REGIONAL TOURNAMENT MANAGERS PRE-TOURNAMENT MEETING**

The Tournament Commissioner(s), in conjunction with the Tournament Director will conduct the Pre-Tournament Meeting.

**WHO SHOULD ATTEND?**

- Managers and/or coaches of all participating teams is mandatory
- Umpire-in-Chief (It is also recommended that the entire umpiring crew be present, if possible.)
- Other involved tournament Officials

**INTRODUCTIONS** -- Official welcome and opening remarks by Tournament Director and introduction of Host League President, local Tournament Officials and Dignitaries. Meeting will then be turned over to the Tournament Commissioner for his remarks and for introduction of all participating team managers and coaches. Tournament Commissioner will provide contact numbers for himself and the Tournament Director and obtain contact numbers from each team manager.

**BUSINESS MEETING:** (Conducted by the Tournament Commissioner)

1. **OPENING CEREMONIES** -- Discuss all aspects of the Opening Ceremonies program including that all players, managers, and coaches are required to participate in full uniform. Any exemption to this requirement is at the discretion of the Tournament Commissioner.

2. **TOURNAMENT FORMAT** -- Advise that all games will be conducted under the Official Rules of Baseball and Babe Ruth League, Inc. Baseball Rules and Regulations. Regional tournament competition shall be decided by using either a double elimination or a pool-play format. In the case of pool play, the determination of standings at the end of pool play shall be made in accordance with Babe Ruth Tournament Playing Rule 11.05 (3). **The 2021 PNW 13-15 Regional Tournament will feature Pool Play.**

3. **SPORTSMANSHIP** -- Remind all present that Babe Ruth Baseball is NOT only a baseball program but is an educational program that uses the game of baseball to teach sportsmanship and fair play, and to assist
in the mental and physical development of the players, therefore, all players, team officials, umpires and fans shall conduct themselves appropriately.

4. **DISQUALIFICATIONS** -- The use of profane language or abuse of field or game equipment by any player, manager or coach will not be tolerated and **may** be grounds for disqualification from a tournament game or from further participation in the tournament itself.

Occupants of a team's dugout will not be permitted to express aggressive disapproval of an umpire's decision or harass either the opposing team and/or the Tournament Officials. Such action **may** result in players, managers or coaches being disqualified from a tournament game or from further participation in the tournament itself. At no time shall any player, manager or coach make intentional contact with an umpire in any manner. Such action **will** result in an immediate disqualification from the tournament game or from further participation in the tournament itself. Between games, all players, managers, and coaches remain under the jurisdiction of the Tournament Commissioner and any prohibited conduct during those periods will not be tolerated.

All tournament game disqualifications or prohibited conduct between games shall be reviewed by the Tournament Commissioner, and if a further penalty is deemed necessary or appropriate it **may** include suspension or disqualification of the offender(s) and/or the offender(s) team from one or more additional games or from further participation in the tournament.

**Note:** The decision of the Tournament Commissioner will be final.

5. **GAME DURATION** -- All 13-15 games shall be seven (7) completed innings unless the home team leads at the end of 6½ innings of play. In the event a game is called before completion, it shall be completed from the point of discontinuance. If a game is suspended due to darkness or weather conditions and the ten-run or fifteen-run rule doesn't apply, that game will be completed before any subsequent tournament game is played.

6. **FIFTEEN-RUN RULE** -- Any tournament game must be terminated immediately if one team is ahead by fifteen (15) or more runs after three and one half (3 ½) or four (4) innings, and each team has had equal times at bat

7. **TEN-RUN RULE** -- Any tournament game must be terminated immediately once becoming regulation (4 ½ or 5 innings) if one team is ahead by ten (10) or more runs and each team has had equal times at bat, or the home team is leading.

8. **RE-ENTRY RULE (ALL DIVISIONS)** -- Any of the starting players may withdraw and re-enter once provided such player occupies the same batting position whenever he is in the line-up. A substitute who is withdrawn may not re-enter. All pitchers are governed by the provisions of Official Baseball Rule 3.05 if withdrawn while on the mound pitching. The pitcher withdrawn while a batter or base runner may re-enter the game immediately. If a pitcher is removed from the game because of a second trip to the mound in the same inning he may re-enter the game in any position except for pitcher.

9. **RE-ENTRY OF USED PLAYERS** -- Babe Ruth League, Inc. will allow re-entry of already used players if all substitutes have been used and **injury occurs, or a player is ejected.** Selection of this substitute must be made by the opposing manager. This type of re-entry can only take place when an injury prevents a player from continuing in the game or a player is ejected. The injured or ejected player, once removed from the game, cannot re-enter.

**Note:** If a player re-enters illegally as a pitcher, fielder, or runner, there is no penalty except he must be removed from the game immediately when discovered. If he re-enters illegally as a batter, such illegal re-entry is penalized according to Official Baseball Rule 6.07, Batting Out of Order.
10. PITCHING RULES - In Regional Tournament competition the pool-play and championship games are one level of competition.

Tournament Pitching Rules are found under Babe Ruth Tournament Playing Rule 11.05 (4).

Babe Ruth 13/15 Baseball uses pitch count limitations, which will apply to all Tournament games played in District, Area, State, Regional and World Series competition. (NOTE: There is no limit to the number of pitchers a team may use in a game. There are no limitations on the number of innings a pitcher may pitch in a tournament (bracket or pool plat) game, but subject to the pitch count limitations. Have the Tournament Director go over how pitch counts will be handled.

Games in which an ineligible pitcher has been used shall be declared forfeited. The withdrawal of an ineligible pitcher after being announced or after a warm-up pitch is delivered but before that pitcher has pitched a ball to a batter shall not be considered a violation.

**Note:** Tournament Officials, managers, coaches, umpires, and scorekeepers should be made aware of this obligation and be urged to prevent such an occurrence.

11. GROUND RULES -- Have the tournament Umpire-in-Chief review all local ground rules as well as any other situation or rule that may need clarification.

12. PROTECTIVE HEADGEAR (ALL DIVISIONS) -- shall be worn on deck, at bat, while a base runner, and by players in the coach’s box, during practice and all games. Such headgear must cover the top of the head and have extended earflaps, which covers both ears, and properly fit the players wearing it. Chrome batting helmets are not permitted in Cal Ripken or Babe Ruth Baseball. The batting helmet shall not have a chrome or mirror-like surface. **PENALTY** – If a player refuses to wear proper headgear, he shall be removed from the game.

13. CATCHER’S MASK, HELMET AND THROAT PROTECTOR (ALL DIVISIONS) -- Any player, manager or coach warming up a pitcher at any location shall wear a mask. An extended “dangling” throat protector is considered a required part of the catcher’s mask. **PENALTY** – If the catcher refuses to wear this equipment, he shall be removed from the game.

14. BAT BOYS/GIRLS – If allowed by the Tournament Host, they must wear helmets while out of the dugout.

15. CONTACT RULE -- Have Umpire-in-Chief review this rule so that all involved understand it and know how it will be called. (See “Contact Rule” as set out on page 19 of 2021 Babe Ruth League, Inc. Baseball Rules and Regulations.)

16. EXTRA PLAYER -- Prior to the beginning of each tournament game, the manager may elect to add a tenth hitter to the batting order. The player will be indicated in the line-up as the “EP”. The “EP” cannot be added or eliminated to the line-up once the game begins. The “EP” will be treated as any other starter and may appear in any spot in the line-up. The “EP” will now be considered a defensive position and eligible to be switched between any defensive position provided he stays in the same spot he started in the batting order. Since the “EP” is a starting player, the re-entry rule would apply to the “EP”.

**Note:** If a team’s line-up starts with ten players, the team must finish with ten players. Penalty shall be a forfeit.
17. COURTESY RUNNER AND SLIDE AND AVOID – In Babe Ruth Baseball tournament competition both the courtesy runner and slide and avoid provisions are not used.

18. JEWELRY RULE – Jewelry is prohibited. Players shall not wear jewelry. Medical alert and religious bracelets or necklaces are not considered jewelry. If worn, they must be taped to the body to remain invisible. Wireless communication devices are not allowed; however, electronic scoring devices are permitted. No device on the field or in the dugout may be used as a means of communications.

19. PROTEST PROCEDURE – A manager must immediately claim a violation of a rule, at which time play will be suspended until the Protest Committee has made its decision. The Protest Committee’s decision will be final. No protest, except on player eligibility, will be honored after a game has been completed. No protest shall ever be permitted on judgment decisions by the umpire.

   Point out that for each game there will be a three (3) person Protest Committee whose function is to rule on alleged misapplication of any rule. The Tournament Director is responsible for convening the Protest Committee, should one be required. Managers will be asked to submit name(s) of supporters of his team that will be willing to serve on a Protest Committee, should one be necessary.

   Tournament eligibility of team members is the responsibility of the Tournament Commissioner, not a Protest Committee. All protests concerning player eligibility must be presented in writing from the protesting League President, with clear indication of proof for the protest.

20. HOME TEAM DETERMINATION – The Tournament Host will designate which dugout is to be used by the Home team. In Pool-play competition, the home team for each game has been determined by following Babe Ruth League procedure. Each team will be Home twice, and Visitor twice.

   Teams will be seeded at the beginning of Championship competition according to the position they finished in pool-play. 1 or 2 (or 3, if 3 teams are advancing to Championship play). In all games of Championship play the higher seed will have the home/visitor choice.

   If the seedings of both teams are equal, a coin flip will be held by the Tournament Commissioner or Tournament Director no later than 30 minutes prior to the start of each tournament game.

21. DUGOUTS – Only players, managers and coaches listed on the Official Tournament Roster and a bat boy or bat girl may occupy the dugout throughout tournament play. Players are to remain in their dugout throughout the game. Equipment will not be allowed on top of or outside the dugout.

22. LINE-UP CARD PROCEDURE -- Manager to deliver their line-up card to the Official Scorekeeper at least 30 minutes prior to start of game. Changes may be made until the official line-up card is handed to the Umpire. All changes should be given to the Official Scorekeeper. All substitutions are to be given to the plate umpire at the time of any change. The official scorebook in the scorekeeper’s booth will be the official results that will be used.

23. ALOHOLIC BEVERAGES and TOBACCO -- Remind all present that Babe Ruth League prohibits the use of all alcohol and tobacco products on all field and dugouts. These products include smokeless tobacco, e-cigarettes, vapors, and all alcohol related products. This rule applies to all field personnel, which includes managers, coaches, and umpires.

24. PROHIBITED DRUGS -- No team member, tournament official or umpire shall posses or use any prohibited drug or substance under any circumstances at any time during the duration of the tournament. Any such possession or use of either shall be cause for immediate disqualification of the offender(s) from the tournament. For purpose of this checklist or any tournament rule or regulation, the following definitions apply: (1) “Team Member” is defined to include any rostered individual(s), including any player, manager, coach, bat boy or bat girl; (2) “Prohibited Drug” includes any drug not specifically prescribed for that
person or any drug that cannot be obtained “over the counter”, or any “legal” drug (or other substance) that is utilized in an excessive, detrimental or abusive manner or dosage.

27. CONCUSSION CRITERIA

If an umpire, manager or coach, Babe Ruth Tournament Official has a valid reason to suspect that there may be a concussion situation to a player or team official, the tournament medical staff will examine the individual and if, in their opinion, there may be any concern of a possible concussion, that player or team official will immediately be removed from further tournament competition and will not be reinstated until WRITTEN AUTHORIZATION is provided to the Tournament Commissioner by a qualified licensed health care provider indicating that the player or team official is cleared to continue. This is not a grey area. This process will be strictly enforced.

28. TIE-BREAKER CRITERIA -- Review the Babe Ruth League’s Pool Play tie-breaker criteria.

29. QUESTIONS & ANSWERS / CLOSING REMARKS -- (Tournament Commissioner/Director)

![Tournament Participant Information](image)

Officials of the Babe Ruth League program and the host league have made extensive efforts to ensure your stay at the Regional Tournament will be pleasant and rewarding. We expect all participants to fully cooperate with the following Tournament Rules and Regulations.

All team members must be present for check-in at the time designated by the tournament host. Where the sponsoring host has arranged an Opening Ceremony as part of the tournament schedule, all team members are required to attend in full uniform. All players, managers, and coaches must attend all games scheduled for their team.

Only the Regional Commissioner or the Tournament Commissioner may grant an exemption to the above where extenuating circumstance is found to exist. Such extenuating circumstances may consist of verified illness or injury, unavoidable travel problems, or other circumstances completely beyond the control of the absent team member(s). Any decision regarding an exemption will be the responsibility of the Regional Commissioner or the Tournament Commissioner and such decision shall be final and not subject to appeal. Dual participation by a player, manager, or coach in another sporting event does NOT qualify as an extenuating circumstance and will not be sufficient grounds for granting said exemption. The penalty for violation of the above requirements may be disqualification of the absent player, manager, or coach for the remainder of the tournament, but shall not affect the eligibility of such player, manager, or coach, if otherwise eligible, for subsequent levels of play should their team qualify.

A mandatory manager’s meeting will be held prior to the beginning of tournament play. All teams must be represented at this meeting. With pre-approval from the Tournament Commissioner, should an extenuating circumstance beyond the control of the manager prevent his attendance, a team coach may act as a representative.

Each player on a team shall wear a different number on his/her uniform. The official Babe Ruth shoulder or cap emblem must be worn either on the left shoulder sleeve or on the official Babe Ruth cap. For sleeveless jerseys,
the emblem must be worn on the front left chest. All managers and coaches must wear a baseball type uniform of the same design and color as the players’ uniform (i.e., NO SHORTS, NO JEANS, NO SANDALS).

Game officials shall deal with **ON-FIELD** conduct. Any player, manager, or coach disqualified from a game shall automatically be suspended from further tournament participation, pending a review of their actions by the Tournament Commissioner. All such suspensions become effective immediately at the time of disqualification.

**Special Instructions to Participants**

**CONDUCT** – Your conduct must be above reproach on and off the field; any misbehavior or misconduct could not only cause your *disqualification* from the tournament but could also result in the disqualification of your team as well.

All players shall conduct themselves in a reasonable and acceptable manner in accordance with team discipline rules as set by their manager or official in charge of the team. Unacceptable behavior shall include unsportsmanlike conduct, willful damage to property, committing any act considered an offense under law, and not abiding to tournament rules as set out by the host committee.

As State/Provincial Champions, you are expected to dress appropriately. You may dress informally and comfortably, however, neatness and cleanliness of appearance always is required.

Use of ALCOHOLIC BEVERAGES, SMOKING or CHEWING of TOBACCO, by any team member, tournament official, or umpire is STRICTLY PROHIBITED. This rule applies during tournament play at any of the locations being used for any tournament activity, or at any social function associated with the tournament.

Any VIOLATION of this rule shall be cause for immediate disqualification of the offender(s) from a game(s) or from further tournament competition. The Tournament Commissioner will review all disqualifications and after considering all relevant facts surrounding such actions, he/she may increase such sanction(s) as deemed necessary or appropriate.

No team member, tournament official, or umpire shall possess or use any PROHIBITED DRUG OR SUBSTANCE at any time during the tournament. Any such possession or use of same shall be cause for immediate disqualification of the offender(s) from the tournament.

Damage to any personal or physical property by any participating tournament member shall be cause for immediate disqualification from the tournament. Any financial cost incurred will be the direct responsibility of the team member(s).

For purpose of the rules and regulations of this tournament, the following definitions apply:

- “Team member” is defined to include any rostered player, manager, coach, or bat boy/girl
- “Prohibited drug” includes any drug not specifically prescribed for that person, any drug that cannot be obtained over the counter, or any drug (or other substance) that is utilized in an excessive, detrimental, or abusive manner or dosage

**Ejection – Suspension – Disqualification**

In all cases involving a suspension or disqualification, the Tournament Commissioner will review the circumstances involved and, after taking into consideration all relevant facts, may increase such disciplinary action as is deemed necessary or appropriate. The decision of the Tournament Commissioner will be final and there will be no appeal from such decision.

If further disciplinary action is deemed necessary, the manager of the team so disciplined will be provided with written confirmation of the penalty and the reasons thereof. The Tournament Commissioner will retain a copy of the disqualification report and any supplementary correspondence, and it will be forwarded to the Pacific Northwest Regional Commissioner for further review and possible additional penalties.
The penalty provisions are quite clear. It is strictly a matter of the enforcement of what we accept as the proper code of conduct keeping in mind the spirit and purpose of what we are involved in and what our objectives are.

Notwithstanding any provision contained in any tournament rule, regulation, provision, agreement, or memorandum to the contrary, the Tournament Commissioner shall maintain and have final authority for all aspects of this tournament and may impose the removal, suspension, or disqualification of any team member or team from the tournament, and/or take whatever other actions or issue such directives as deemed necessary or appropriate for the administration of the tournament.

Disregard by any team member of the foregoing rules and regulations or any subsequent rule, regulation, or guideline hereafter enacted, shall be sufficient grounds for that team member to be withdrawn from the tournament. Any player so withdrawn shall be placed under the supervision and control of his/her team manager.

Concussion Information Sheet

A concussion is a brain injury, and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications, including prolonged brain damage and death if not recognized and managed properly. In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion, and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussions, or if you notice the symptoms or signs of concussion yourself, seek medical attention immediately.

Symptoms may include one or more of the following:

- Headaches
- “Pressure” in head
- Nausea or vomiting
- Neck pain
- Dizziness or balance problems
- Blurred, double, or fuzzy vision
- Sensitivity to light or noise
- Feeling sluggish or slowed down
- Feeling foggy or groggy
- Drowsiness
- Change in sleep patterns
- Amnesia
- “Don’t feel right”
- Fatigue or low energy
- Sadness
- Nervousness or anxiety
- Irritability
- More emotional
- Confusion
- Concentration or memory problems
- Forgetting game plays
- Repeating the same question/comment

Signs observed by teammates, parents, and coaches include:

- Appears dazed
- Vacant facial expression
- Confused about assignment
- Forgets plays
- Is unsure of game, score, or opponent
- Moves clumsily or displays incoordination
- Answers questions slowly
- Slurred speech
What Can Happen If My Child Keeps Playing With a Concussion or Returns Too Soon?

Athletes with the signs and symptoms of a concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period after the concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one.

This can lead to prolonged recovery or even severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that an adolescent or teenage athlete will often under-report symptoms of injuries, and concussions are no different. As a result, education of administrators, coaches, parents, and students is the key for a student-athlete’s safety.

If you think your child has suffered a concussion:

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The Zackery Lystedt Law in Washington state requires the consistent and uniform implementation of long and well-established return-to-play concussion guidelines that have been recommended for several years:

A youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time.

AND

...may not return to play until the athlete is evaluated by a licensed health provider trained in the evaluation and management of concussion and received written clearance to return to play from that healthcare provider.

You should also inform your child’s coach if you think that your child may have a concussion. Remember, it is better to miss one game than miss the whole season. When in doubt, the athlete sits out.

For current and up-to-date information on concussions, visit: [www.cdc.gov/headsup/youthsports](http://www.cdc.gov/headsup/youthsports)
2021 PNW Regional 13-15 Team Pool-play Divisions and Schedule

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<td>South Washington Invite</td>
<td>Kelso- Host</td>
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<td>West Montana</td>
<td>South Oregon Invite</td>
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**Pool Play Schedule and Bye-Days**  
**Home Teams in RED**

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<th>Date</th>
<th>Game Number</th>
<th>Time</th>
<th>Teams On</th>
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<tbody>
<tr>
<td>Monday, July 26</td>
<td>1</td>
<td>10:00 AM</td>
<td>South Wash Invite vs. West Montana</td>
</tr>
<tr>
<td></td>
<td>2</td>
<td>1:00 PM</td>
<td>South Oregon Invite vs. North Wash</td>
</tr>
<tr>
<td></td>
<td>3</td>
<td>4:00 PM</td>
<td>East Montana vs. Wyoming</td>
</tr>
<tr>
<td></td>
<td>4</td>
<td>7:00 PM</td>
<td>South Oregon vs Idaho</td>
</tr>
<tr>
<td>Team Bye's: Kelso, S. Washington</td>
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<td></td>
<td></td>
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<tr>
<td>Tuesday, July 27</td>
<td>5</td>
<td>10:00 AM</td>
<td>Wyoming vs. North Washington</td>
</tr>
<tr>
<td></td>
<td>6</td>
<td>1:00 PM</td>
<td>West Montana vs. South Oregon</td>
</tr>
<tr>
<td></td>
<td>7</td>
<td>4:00 PM</td>
<td>South Washington vs. Idaho</td>
</tr>
<tr>
<td></td>
<td>8</td>
<td>7:00 PM</td>
<td>East Montana vs. Kelso</td>
</tr>
<tr>
<td>Team Bye's: S. Oregon Invite, S. Washington Invite</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Wednesday, July 28</td>
<td>9</td>
<td>10:00 AM</td>
<td>South Oregon vs. South Wash Invite</td>
</tr>
<tr>
<td></td>
<td>10</td>
<td>1:00 PM</td>
<td>Wyoming vs. S Oregon Invite</td>
</tr>
<tr>
<td></td>
<td>11</td>
<td>4:00 PM</td>
<td>West Montana vs. S Washington</td>
</tr>
<tr>
<td></td>
<td>12</td>
<td>7:00 PM</td>
<td>North Washington vs Kelso</td>
</tr>
<tr>
<td>Team Bye's: Idaho, East Montana</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Thursday, July 29</td>
<td>13</td>
<td>10:00 AM</td>
<td>S Oregon Invite vs. East Montana</td>
</tr>
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<td></td>
<td>14</td>
<td>1:00 PM</td>
<td>Idaho vs S Wash Invite</td>
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<tr>
<td></td>
<td>15</td>
<td>4:00 PM</td>
<td>South Wash vs. South Oregon</td>
</tr>
<tr>
<td></td>
<td>16</td>
<td>7:00 PM</td>
<td>Kelso vs. Wyoming</td>
</tr>
</tbody>
</table>
Team Bye’s: North Washington, West Montana

*Pool Play Schedule and Bye-Days*

**Friday, July 30**
17  10:00 AM  Idaho vs. West Montana
18  1:00 PM  North Washington vs. East Montana
19  4:00 PM  South Wash Invite vs. S Washington
20  7:00 PM  Kelso vs. South Oregon Invite

Team Bye’s: South Oregon, Wyoming

*Single Elimination – Championship Round*

**Saturday, July 31**
21  10:00 AM  American #2 vs. National #1
22  1:00 PM  National #2 vs. American #1
23  5:00 PM  Regional Championship Game

*Congratulations to all teams and players!*
Team Travel Considerations

Getting Here:

Portland International Airport (PDX) has direct and connecting flights from all states. If you are driving – we are just off I-5 about 45 minutes north of Portland.

Directions to Rister Stadium- Kelso, WA:

Southbound I-5 or Northbound: Take Exit 39 and head east (left turn if southbound; right turn if northbound) on Allen Street, then follow directions below:

- Overflow parking available outside Tam O’Shanter Park behind Rister centerfield.
## Lodging:

<table>
<thead>
<tr>
<th>Kelso Hotels</th>
<th>Address</th>
<th>Rooms</th>
<th>Pets</th>
<th>Wi-Fi</th>
<th>Tel.</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Best Western Aladdin Inn</td>
<td>310 Long Ave.</td>
<td>77</td>
<td>Fee</td>
<td>Yes</td>
<td>360-425-9660</td>
<td>Best Western</td>
</tr>
<tr>
<td>Comfort Inn</td>
<td>440 Three Rivers Mall Dr.</td>
<td>57</td>
<td>No</td>
<td>Yes</td>
<td>360-425-4600</td>
<td>Comfort Inn</td>
</tr>
<tr>
<td>Guesthouse Inn &amp; Suites</td>
<td>501 Three Rivers Mall Dr.</td>
<td>60</td>
<td>Yes</td>
<td>Yes</td>
<td>360-414-5953</td>
<td>Guest House</td>
</tr>
<tr>
<td>Super 8</td>
<td>250 Kelso Dr.</td>
<td>87</td>
<td>Fee</td>
<td>Yes</td>
<td>360-423-8880</td>
<td>Super 8</td>
</tr>
<tr>
<td>The Red Lion Hotel</td>
<td>510 Kelso Dr.</td>
<td>161</td>
<td>Fee</td>
<td>Yes</td>
<td>360-636-4400</td>
<td>Red Lion</td>
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</tbody>
</table>

The Comfort Inn, Guesthouse Inn & Suites, Super 8 and The Red Lion are all near Rister Stadium (couple minute drive at most). The Super 8 and The Red Lion are within walking distance of the stadium.

For those looking to RV, Brookhollow RV Park is the closest to Rister Stadium – about a 5-minute drive. The Castle Rock parks, and Camp Kalama are within 15-minute drive and are excellent options.

<table>
<thead>
<tr>
<th>RV &amp; Campgrounds Kelso</th>
<th>Address</th>
<th>RV H/U</th>
<th>Tents</th>
<th>Tel.</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brookhollow RV Park</td>
<td>2506 Allen Street</td>
<td>132</td>
<td>No</td>
<td>800.867.0453</td>
<td>Website</td>
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<tr>
<td>Cedar’s RV Park</td>
<td>115 Beauvais Rd.</td>
<td>25</td>
<td>1</td>
<td>360.274.5136</td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>RV &amp; Campgrounds Castle Rock</th>
<th>Address</th>
<th>RV H/U</th>
<th>Tents</th>
<th>Tel.</th>
<th>Website</th>
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<tbody>
<tr>
<td>Mt. St. Helens RV Park</td>
<td>167 Schaffran Rd.</td>
<td>88</td>
<td>4</td>
<td>360.274.8522</td>
<td>Website</td>
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<tr>
<td>Seaquest State Park</td>
<td>3030 Spirit Lake Hwy.</td>
<td>34</td>
<td>71</td>
<td>360.274.8633</td>
<td>Website</td>
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<tr>
<td>Paradise Cove Resort</td>
<td>112 Burma Rd.</td>
<td>49</td>
<td>Yes</td>
<td>360.274.6785</td>
<td>Website</td>
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<tr>
<td>Toutle River</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>RV Resort</td>
<td>150 Happy Trails Rd.</td>
<td>200</td>
<td>Yes</td>
<td>360 274.8373</td>
<td>Website</td>
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</table>

<table>
<thead>
<tr>
<th>RV &amp; Campgrounds Kalama</th>
<th>Address</th>
<th>RV H/U</th>
<th>Tents</th>
<th>Tel.</th>
<th>Website</th>
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</thead>
<tbody>
<tr>
<td>Camp Kalama</td>
<td>5055 Meeker Dr.</td>
<td>100</td>
<td>Yes</td>
<td>360.673.2456</td>
<td>Website</td>
</tr>
</tbody>
</table>
Entertainment & Recreation (get more details and options from our Local Guide free at check in):

- Entertainment
  - Regal Cinemas – located at Three Rivers Mall just across I-5 from Rister Stadium
- Recreation
  - Tam O’Shanter Park
    - Disc Golf
    - Basketball & Tennis Courts
    - Big open spaces for wiffle ball or any other field sport…
    - Playground
    - Covered and open BBQ areas
  - Excellent Golf at Three Rivers Golf Course just minutes away from Tam O’Shanter
  - Mt. St. Helens Destinations
    - Prepare yourself for the adventure of a lifetime - Mount St. Helens tour of amazing venues and spectacular views with a multitude of photo opportunities. Don’t forget your camera!
    - Drive north on Interstate 5 from Kelso about 10 miles. Take Exit 49 at Castle Rock and proceed east.
    - (<30 minutes from Kelso): Drive east on SR 504 from Castle Rock to Mount St Helens Visitor Center located at mile marker 5. The Visitor Center is a world-class facility located on the western shore of Silver Lake. With its high ceilings and massive windows, the outdoors becomes a part of the architecture. Your senses will come alive as you enjoy the interactive exhibits, a step-in model of the volcano and theater programs that are offered twice an hour. Outside, a mile-long trail takes you into marshy plains surrounding Silver Lake where you can see waterfowl and a picture-perfect view of the mountain. Open 9 am to 4 pm, Thursday through Monday. (Winter hours) Admission is 6 and younger free, Ages 7 to 17 $2.50, Ages 18 & older $5.00. Family pricing is $15.00 (two adults plus accompanying children), and Tour Groups are $165 per bus.
    - The next stop on your tour is located at mile marker 33.5. The Mount St. Helens Forest Learning Center offers information about the eruption, its effect on the environment, and Weyerhaeuser Company’s efforts to speed the recovery. Enjoy the hands-on learning and multi-media presentations,
playground, picnic area, and elk viewpoint. The Forest Learning Center is open from 10 am to 4 pm seasonally from May 15 to October 15, weather permitting. Admission is free. Visitors should allow one hour at this facility.

- Your next stop is at Mile marker 43.3. The Mount St. Helens Science and Learning Center is a collaborative effort of the Mount St. Helens Institute and the U.S. Forest Service, Mount St. Helens National Volcanic Monument. Open Saturdays and Sundays from 10 am to 4 pm. (Re-Opens February 14). Their mission is to connect people with nature through science, art, and adventure recreation. Our facilities and programs are designed to extend the quality and duration of educational experiences both onsite at the volcano and through engaging online experiences.

- Don’t miss this next stop at Coldwater Lake Recreation Area is located 45-mile marker. The Lake is near the Science and Learning Center at Coldwater and Johnston Ridge Observatory. Experience the effect the May 18, 1980, eruption had on the Coldwater Valley, including creating a brand-new lake. Kayaking is popular here. Combustion engines are prohibited on the lake, but anglers reach trophy trout by electric motors or rowing. Fishing is open year-round with a one-fish limit greater than 16 inches. Artificial, single, barbless hooks are required. Please don’t miss out on the .6 miles accessible Birth of a Lake Interpretive Trail which allows visitors to enjoy close up views of Coldwater Lake.

- Your final destination on SR 504 is Johnston Ridge Observatory at mile marker 52 is an essential part of the Mount St. Helens experience. Located only five miles from the crater, this world-class visitor center offers a dramatic movie, geologic exhibits, eye-witness accounts of the eruption, hiking trails, and special programs. Admission is free for children 15 and under and $8 for those 16 and over. Johnston Ridge Observatory is open daily from 10 am to 6 pm seasonally from May 9 to October 31, weather permitting. Visitors should allow one to two hours at this facility.
Dear Players, Families, and Friends.

It is our great pleasure to welcome you all to the Kelso area. We are delighted that all of you have made the trip, not only for your players’ best game, but also to take in and enjoy some of the best features and sights that make us proud to call this area home.

We appreciate the effort, time, and sacrifice on all levels that families undertake in their post-season. When a team achieves on their post-season tourney track, the step-up required for family members is quite marked as well.

In this packet you will find not only the tournament and hotel information, but also local insight and ideas to help lend a few thoughts to make the most of your trip. We hope you not only enjoy the trip made here for baseball, but also to enjoy yourselves, maybe even get a bit of rest, and take terrific memories back for your homes and families.

Please do not hesitate to reach out to any of us for any kind of assistance! We are absolutely delighted to have everyone here, and we look forward to a hospitable and terrific experience for all. We wish everyone safe and comfortable travels!

Yours truly.

Kelso Babe Ruth Baseball Tournament Committee
About Rister Stadium

Rister Stadium is located at Tam O'Shanter Park and was dedicated in April of 2006. The stadium is named after Stan Rister, a passionate volunteer with Cowlitz Little League and Kelso Babe Ruth Leagues. He was the father of Jolene McCaw, Seattle philanthropist who, along with her husband Bruce, donated more than $1.4 million to the project.

The completed 500-seat stadium inspired an additional $700,000 in local giving and in-kind support. In addition to a grant of $40,000, the Community Foundation provided coordination and fund management for the three-year project. Hall of Fame baseball player Reggie Jackson, Seattle Mariners players Jeremy Reed and Willie Blomquist, and ex-M's Dave Valle and Bret Boone were part of the dedication ceremonies.

In 2019, Jolene and the Cal Ripken Foundation, along with local contributors – combined to donate more than $500,000 to Kelso Babe Ruth to turf the infield.
Concessions & Amenities

Full-grill concessions will be open at Rister for every game, and the tournament will feature shaved ice with all-natural flavorings, fan gear and clothing with onsite custom screen printing.